

God Made My Hands

Lesson 6



Scripture: Genesis 1:27; Psalm 139:13-16

Focus: ♥ God made my hands.












Bible Words: “God made me” (based on Genesis 1:27).

Heart to Heart Teacher Devotion

Think of what your hands help you do throughout a day. They may help feed you, cook meals, do laundry, operate a computer, drive a car, care for a baby, make a bed, write a letter, make a phone call, and lots more. The list seems endless, doesn't it?

The next time you eat, thank God for the hands He made so that you could cook and then eat the food you've prepared. The next time you drive a car, thank God for the hands He made so that you could drive to work or church or a friend's home. Take a day and try to thank God for everything your hands can do. The list will be endless. Fold your hands in thanks.

Lesson 6 at a Glance

<p>ACTIVITY TIME</p> <p>Use one or more of these activities to help children <i>explore the theme, God made my hands.</i></p> <p>Note: You can find the CD, visual sheets, and board books in the <i>Toddlers & 2s Teacher's Convenience Kit.</i></p>	<p>First Hour Unit 2 Activities</p> <p>poster, books and puzzles, song</p> <p> Art Coloring Big</p> <p> Wonder Peekaboo Pictures</p>	<p>Materials</p> <ul style="list-style-type: none"> • sheet 1 unit 2 poster, sheet 4 unit 2 song poster, <i>God Made My Body</i> board book, CD, books and puzzles, CD player • large box, large crayons, sheet of plastic • peekaboo poster from lesson 1 	<p>Extra Hour Unit 2 Activity</p> <p> Music “Can You Sing?”</p> <p> Music “This Is the Way”</p>	<p>Materials</p> <ul style="list-style-type: none"> • CD, CD player • CD <i>Family Together Time</i> issue 6
<p>BIBLE TIME</p> <p>Help children <i>know that God made their bodies, especially their hands.</i></p>	<p>Bible Time can be done several ways and whenever best fits your schedule. If you do the longer story on the unit pages, you will need more items.</p>	<ul style="list-style-type: none"> • Teddy the bear puppet, hand mirror, Bible, squirt bottle filled with water, CD, CD player 	<p>Bible Time can be done several ways. If you do one of the other story options, you will need different items.</p>	<ul style="list-style-type: none"> • Teddy the bear puppet, Bible, mirror, CD, CD player, <i>God Made My Body</i> board book
<p>DISCOVERY TIME</p> <p>Use one or more of these activities to help children <i>continue exploring the theme, God made my hands.</i></p>	<p> Fun with Blocks</p> <p> Fun with Dough</p> <p> Art Tracing Hands</p> <p>Saying Good-bye or Transition to Extra Hour</p>	<ul style="list-style-type: none"> • blocks • modeling dough, child-size rolling pins, cookie cutters • light-colored construction paper, dark crayon, large crayons, address labels, permanent marker • bubble solution, beads, string, puzzles, CD <i>Family Together Time</i> issue 6 	<p> Puppet Fun Thank You, God</p> <p> Taking Care of Babies</p> <p> Feeding Myself</p> <p> Texture Collage</p> <p>Saying Good-bye</p>	<ul style="list-style-type: none"> • Teddy the bear puppet • baby dolls and accessories • plastic bowls, dry cereal, applesauce, plastic spoons, napkins • double-sided tape, scissors, construction paper, various collage items • CD <i>Family Together Time</i> issue 6

Activity Time (25-30 minutes)

Do these activities with individual children or a few children at a time to help children **explore the theme, God made my hands.**

Focus

♥ God made my hands.

Welcome

- Welcome each child by name.
- Follow check-in procedures (name and security tags, etc.).
- Play quiet music in the background (tracks 9 and 10).
- Lead each child to an activity.

Unit 2 Activities

Use these activities anytime during your session. Children will enjoy doing them each week.

Poster: Before class, display the unit 2 poster in your room. Ask children to point to the girl's hands. SAY: **God made our hands. Where are your hands? What can you do with your hands? Can you clap your hands?**

Books and puzzles: Use the *God Made My Body* board book and other books and puzzles that show pictures of children. Look at books with interested children, and help children do puzzles. Talk about how God made us.

"God Made Me" song: Before class, display the unit 2 song poster in your room. Play "God Made Me" (for unit 2) from the CD. Sing with individual children or small groups. Encourage children to point to their arms, hands, legs, and feet.

Coloring Big



Whatever their skill levels, all children will be able to participate in this activity because of the large surface offered.

Place a large box on a sheet of plastic. Invite the children to color the box with the crayons. SAY: **You're using your hands to color the box.**

♥ **God made your hands. It's fun to color with the hands God made for us.** Ask verbal children to name the colors of crayons they're using. If no large box is available, tape a large sheet of paper over a table and let children color.

1s will enjoy scribble-coloring on the box.

2s will do the above and name some colors.

Peekaboo Pictures

Put the poster on the floor or on a table. SAY: **Use your hand to lift the paper. What do you see?** Encourage verbal children to respond. Touch a child's hand. ♥ **God made your hands.** Point to the child. **God made you.** Point to yourself. **God made me.** Encourage verbal children to say the Bible Words with you while pointing to themselves.

1s will enjoy lifting the flaps and looking at the pictures.

2s will do the above, may name what they see, and say Bible Words.

Bible Words

"God made me" (based on Genesis 1:27).

Materials

sheet 1 unit 2 poster, sheet 4 unit 2 song poster, *God Made My Body* board book, CD track 3, books and puzzles, CD player



Materials

large box (or large sheet of paper), large crayons, sheet of plastic (or shower curtain)



Teaching Tip

Do not use washable crayons. If children taste them, the colors will come off in their mouths.

Materials

peekaboo poster from lesson 1



Transition to Bible Time

- Use a cleanup song or signal to transition to Bible Time.

Focus

♥ God made my hands.

Bible Time (shorter version: 5-10 minutes)

Use this Bible Time or the longer version found on the unit pages to help each child **know that God made my hands**.

Materials

Teddy the bear puppet,
hand mirror, Bible,
squirt bottle filled with water, CD
tracks 1 and 3, CD player



Tips About Bible Time

The songs “Oh, I Love to Pat the Bible” and “God Made Me” (unit 2) are recorded on the CD.

Call Teddy by name. Children will love to hear the name of their furry friend!

After children have gathered for Bible Time, sing this song several times as each child pets or hugs Teddy the bear puppet:

(tune: “The Farmer in the Dell”)

I like to go to church. I like to go to church.

With all the other boys and girls, I like to go to church.

At the end of the song, clap and ask everyone to clap. SAY: **We’re glad to be at church! We’re glad you’re at church today! Hold the mirror in front of a child. We’re glad ___ is at church today. And we’re glad ___ is at church today.** Do this with each child, using each child’s name.

Show your Bible. ASK: **What is this?** Children should say “Bible.” **We love our Bible. It tells us about God. Let’s pat our Bible.** Hold the Bible in front of a child. Let each pat the Bible while singing “Oh, I Love to Pat the Bible” (track 1) several times:

(tune: “Did You Ever See a Lassie?”)

Oh, I love to pat the Bible, the Bible, the Bible.

Oh, I love to pat the Bible, for it is God’s Word.

SAY: **Our Bible tells us that God made you** (point to children) **and me** (point to self). Sing “God Made Me” (track 3) and encourage children to point to their arms, hands, legs, and feet:

(tune: “This Old Man”)

God made me. God made me.

Thank You, God, for making me

With my arms and hands and legs and feet.

Thank You, God, for making me.

SAY: **God made our hands.** Ask children to touch their hands. Touch each child’s hand. **God made your hands, ___.** (Use each child’s name.)

Let’s clap our hands. Clap hands while singing this song:

(tune: “The Farmer in the Dell”)

God made my hands to clap. God made my hands to clap.

Thank you, God, for my hands. God made my hands to clap.

SAY: **God made our hands to feel.** Use the squirt bottle to squirt your hands with a little water. **What am I spraying on my hands?** Encourage verbal children to respond. **Let’s all feel some water on our hands.** Squirt each child’s hands with water while singing this song:

(tune: “The Farmer in the Dell”)

God made my hands to feel. God made my hands to feel.

Thank You, God, for my hands. God made my hands to feel.

SAY: **The Bible says that God made me.** Encourage verbal children to say the Bible Words with you. Hold the mirror in front of each child. **God made you, ___.** ♥ **God made your hands.** PRAY: **Thank You, God, for making our hands. In Jesus’ name, amen.** Encourage children to say the prayer with you. Have Teddy say good-bye as each child pets or hugs the puppet.

Discovery Time (15–20 minutes)

Do these activities with individual children or a few children at a time to help children **continue exploring the theme, God made my hands.**

Fun with Blocks

Set out blocks and let children have fun with them. Hand a block to a child. SAY: **Here's a block. You can hold it in your hand.** While children stack blocks, sing the following to the tune of "The Farmer in the Dell":

___ is using her hands. ___ is using her hands.

Thank You, God, for ___'s hands. ___ is using her hands.

Make sure you sing for each of the children who build with blocks.

SAY: **Your hands can do a lot of things. ♥ God made your hands. God made you. And God made me.** Encourage verbal children to say the Bible Words with you.

1s will have fun with blocks and enjoy hearing their names.

2s will do the above and say the Bible Words.

Fun with Dough

Before class, make some modeling dough.

Set out some dough and show the children how to use their hands to poke and press the dough. SAY: **I'm glad God made our hands so we can feel things. Doesn't the dough feel good? ♥ God made your hands.**

Older children may enjoy using child-size rolling pins or cookie cutters with the dough. Tell children not to eat the dough, even though the homemade dough will not harm them.

1s will enjoy feeling and poking the dough.

2s will do the above and may use rolling pins and cookie cutters.

Tracing Hands

Before class, write at the top of each paper "God made my hands." Write "God made me" on address labels.

SAY: **♥ God made my hands. I'm going to trace around my hand.** Lay your hand on a sheet of paper and trace around it with a dark crayon. Then ask a child in turn to put a hand on a sheet of paper so that you can trace around it. You may have to gently hold the hands of younger children in place. Then let the children color their hand pictures. For a child who doesn't want her hand traced, simply draw a hand and let the child color it. SAY: **♥ God made your hands. Look how big your hands are.** When children finish coloring, give them Bible Words stickers to add to their pictures. Encourage verbal children to say the Bible Words as they press on their stickers.

1s will let you trace their hands, scribble-color, and press on a sticker.

2s will do the above and say the Bible Words.

Saying Good-bye

- For children who are leaving, give parents craft activities and copies of *Family Together Time* issue 6 from the CD. Note: *Family Together Time* is also available online for families to download. See www.heartshaper.com.
- Tell parents something their children enjoyed. Tell each child good-bye.

Focus

♥ God made my hands.

Materials

blocks



Added Fun!

Play the "God Made My Body" activity from track 12 of the CD. Encourage the children to do the motions with you.

Materials

modeling dough,
child-size rolling pins,
cookie cutters



Teaching Tip

You can find a dough recipe in lesson 3.



Provide allergen-free modeling dough that is safe for all children.

Materials

light-colored
construction paper,
dark crayon, large crayons,
address labels, permanent
marker



Transition to Extra Hour

- Greet new children and have another adult engage children in activities away from the door.
- Continue Discovery Time choices.
- Let children string large beads and do some simple puzzles. As they play, SAY: **♥ God made your hands so you can string those beads.**
- Blow bubbles. Tell children, **Hold your hands up high and catch the bubbles. ♥ God made your hands.**

Focus

♥ God made my hands.

Extra Hour Activity and Bible Time

(25–35 minutes)

Do these activities with individual children or a few children at a time to help children **explore the theme, God made my hands.**

Bible Words

“God made me” (based on Genesis 1:27).

Materials

CD track 4, CD player



Materials

CD *Family Together Time* issue 6



Materials

Teddy the bear puppet, Bible, mirror, CD tracks 1 and 3, CD player, *God Made My Body* board book



Tip About Bible Time

The songs “Oh, I Love to Pat the Bible” and “God Made Me” are recorded on the CD.

Welcome

- Welcome new children by name.
- Follow check-in procedures (name and security tags, etc.).
- Check and change diapers and/or have restroom time.

Unit 2 Activity “Can You Sing?”

Play “Can You Sing?” from the CD. Encourage children to sing and do the motions with you. After the song, point to or touch children’s heads. SAY: **God made you, ____.** (Use each child’s name.)

“This Is the Way”

Sing the song from *Family Together Time*. Invite children to do the actions with you. Use a cleanup song or signal to transition to Bible Time.

Bible Time

Use this Bible Time, the one from first hour, or the longer version found on the unit pages.

Sing this song as each child pets or hugs Teddy the bear puppet: (tune: “The Farmer in the Dell”)

I like to go to church. I like to go to church.

With all the other boys and girls, I like to go to church.

At the end of the song, clap and ask everyone to clap. SAY: **We’re glad to be at church! We’re glad you’re at church today!** Hold the mirror in front of a child. **We’re so glad ____ is at church today. And we’re so glad ____ is at church today.** Do this with each child, using each child’s name.

Show your Bible. ASK: **What is this?** Children should say “Bible.” **We love our Bible. It tells us about God. Let’s pat our Bible.** Hold the Bible in front of each child. Let each pat the Bible while singing “Oh, I Love to Pat the Bible” (track 1) several times:

(tune: “Did You Ever See a Lassie?”)

Oh, I love to pat the Bible, the Bible, the Bible.

Oh, I love to pat the Bible, for it is God’s Word.

Read the *God Made My Body* board book, showing the pictures. Emphasize that God made hands. Sing “God Made Me” (track 3) and encourage children to point to their arms, hands, legs, and feet:

(tune: “This Old Man”)

God made me. God made me.

Thank You, God, for making me

With my arms and hands and legs and feet.

Thank You, God, for making me.

SAY: **The Bible says God made me. God made you. God made your hands.** PRAY: **Thank You, God, for making us. In Jesus’ name, amen.**

Have Teddy say good-bye as each child pets or hugs the puppet.

Extra Hour Discovery Time (20–25 minutes)

Do these activities with individual children or a few children at a time to help children **continue exploring the theme, God made my hands.**

Focus

♥ God made my hands.

Puppet Fun Thank You, God

Use Teddy to talk to individual children or a small group of children. SAY: **I can clap my hands.** Teddy should clap his hands. **Can you clap your hands? I can pat you on the head.** Teddy should pat a child on the head. **Can you pat me on my head? I'm glad God made our hands. Yay!** Teddy should clap his hands.

Materials

Teddy the bear puppet



Taking Care of Babies

Encourage the children to take care of the baby dolls. With younger children, model ways they can care for the babies such as feeding, rocking, or pushing the stroller. With older children, you can make verbal suggestions.

As the children play, talk about how they are using their hands. SAY: **You're using your hands to feed the doll. You're using your hands to cover the doll with a blanket. I'm glad ♥ God made your hands. God made you** (point to a child) **and God made me** (point to self). Ask verbal children to say the Bible Words with you.

1s will imitate some actions in caring for the dolls.

2s will do the above and follow your verbal suggestions.

Materials

baby dolls and accessories (Examples: strollers, high chairs, cradles, blankets, empty powder and lotion containers, baby bottles, toy food)



Feeding Myself

Give each child a bowl of applesauce and a spoon. Let them feed themselves. SAY: **You're such a big girl! You can hold your spoon with your hand and feed yourself. ♥ God made our hands so we can eat.** Place a small amount of dry cereal beside each child's bowl. Encourage the children to use their hands to pick up the cereal and put it in their bowls. **You used your hands to pick up the cereal. I'm glad ♥ God made my hands!**

1s and 2s will enjoy using spoons to feed themselves.

Materials

plastic (or foam) bowls, applesauce (or vanilla pudding), plastic spoons, dry cereal, napkins



Teaching Tip

Check all food allergies and have alternate snacks available.

Texture Collage



Put pieces of double-sided tape onto the construction paper. Lay out some items children can stick onto the papers. As they create, talk about the textures they feel with their hands—soft, sticky, smooth, rough, bumpy, hard, fluffy. Ask verbal children to say how the items feel. SAY: **You can feel soft things with your hands. You can feel rough things with your hands. ♥ God made your hands.**

1s will stick and unstick the items and listen to you describe the textures. Offering to do the activity with the child can be helpful for the child who has sensory issues or difficulty with motor planning.

2s will do the above and may say how objects feel.

Materials

double-sided tape, scissors, construction paper, various collage items (Examples: paper scraps, fabric scraps, ribbon, yarn, cotton balls, scraps of sandpaper)



Note: *Family Together Time* is also available online for families to download. See www.heartshaper.com.

Saying Good-bye

• Give parents copies of *Family Together Time* issue 6 from the CD and craft activities their children may have done. Tell each child good-bye.