

HOW TO MEASURE

Measurements are taken from the shirt while laid flat and not stretched.



1 Take your favorite t-shirt out of your closet and lay it on a flat even surface.

2 **CHEST WIDTH**
Measure 1" under the arms, across the fullest part of the chest, laid flat from seam to seam.

BODY LENGTH
From the highest point of the shoulder, measure the length of the garment.

SLEEVE LENGTH
With sleeves relaxed at the side, measure from the center over the shoulder, down to the end of the cuff.

Unisex T-Shirt

Size	Chest	Body Length	Sleeve Length
S	17.5 in	27 in	8 in
M	19.5 in	28 in	8.5 in
L	21.5 in	29 in	9 in
XL	23.5 in	30 in	10 in
2XL	25.5 in	31 in	10.5 in
3XL	27.5 in	32 in	11 in
4XL	29.5 in	33 in	11.25 in
5XL	31.5 in	33 in	11.5 in

Women's T-Shirt

Size	Chest	Body Length	Sleeve Length
S	18.5 in	25 in	7.5 in
M	20 in	25.75 in	8 in
L	22 in	26.5 in	8.5 in
XL	24 in	27.25 in	9 in
2XL	26 in	28 in	9.5 in
3XL	28 in	28.75 in	10 in
4XL	30 in	29.5 in	10.5 in
5XL	32 in	29.5 in	11 in

Youth T-Shirt

Size	Chest	Body Length	Sleeve Length
S	15.25 in	21 in	5.25 in
M	16.25 in	22 in	6 in
L	17.25 in	23 in	6.5 in

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